|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 2**  **w/c 30/01/2023** | **Monday 30 January** | **Tuesday 31 January** | **Wednesday 1 February** | **Thursday 2 February** | **Friday 3 February** |
| **Main Choice 1** | **Beef Curry**  Tomato based beef curry cooked in herbs and spices served with rice and poppadom’s | **Chicken Chow Mein**  Chicken Chow Mein cooked with soy sauce and served with prawn crackers | **Roast Gammon**  Honey roasted gammon served with fresh roast potatoes, seasonal vegetables and fresh gravy | **Meaty and Veggie Pizza**  Margherita or Pepperoni pizza served with potato wedges and salad | **Jumbo Fish Fingers**  Served with chips and  garden peas |
| **Main Choice 2** | **Vegetable Curry**  Tomato based vegetable curry cooked in herbs and spices served with rice and poppadom’s | **Vegetable Chow Mein**  Vegetable Chow Mein cooked with soy sauce and served with prawn crackers | **Quorn Sausage Roll**  Quorn Sausage wrapped in short crust pastry served with fresh roast potatoes, gravy and seasonal vegetables | **Vegan and Gluten Free**  Pizzas also available | **Cheese Wrap**  A warm cheese wrap served with chips, garden peas and ketchup |
| **Jacket Potato** | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham | **Jacket Potato**  served with a choice of Tuna, Baked Beans,  Cheese or Ham |
| **Salads & Vegetables** | All our main dishes are accompanied with a selection of freshly made salads and seasonal vegetables. | | | | |
| **Desserts** | A selection of cut and whole fruit, jelly and yogurts are available daily.  On Tuesdays and Thursdays, a sweet treat will also be offered. | | | | |